

Dear

Thank you for selecting the Southcoast Digestive Diseases Centre to perform the requested gastroscopy examination.

**Please read and complete all forms and sign where indicated.  
Bring these completed forms with you when you come for your examination.**

Below are a few pointers to help your admission run smoothly:

- Procedure date: \_\_\_\_\_
- Procedure time: \_\_\_\_\_
- Arrival time: \_\_\_\_\_
- No food or fluid (including water) after: \_\_\_\_\_
- No anti-inflammatory medications are to be taken for at least 5 days prior to your procedure.
- If unsure regarding your medications, please ask the staff well in advance of your procedure.
- Take all other regular medication early on morning of examination with only a sip of water.
- You must have somebody to drive you home and stay with you for the next 12 hours.
- You will be at the Centre for approximately 2-3 hours.
- Please avoid bright colored lipstick and nail polish.
- Wear a clean dress /blouse /shirt with loose fitting or short sleeves – this allows easy access to upper arms for monitoring equipment.
- low heeled nonslip shoes
- Please leave all jewellery (wedding band excluded) at home
- Please remove all piercing from in and around the mouth
- When you come for your examination, please bring your Medicare card /Pension card /DVA card / reading glasses and referral if not already forwarded to Centre.
- Please telephone 07-55317-809 the weekday prior to your examination to confirm your appointment.
- **Although we try to keep to appointment times, we cannot always guarantee this. Please feel free to ring beforehand to check whether we are running to time.**
- Remember, only take Panadol for pain.
- Fees / excess for the day: \$\_\_\_\_\_ Debit card / Credit card may incur a fee.